

## 2012 INTERNATIONAL WORKSHOPS & SEMINARS with Ateeka

27 – 29 January 2012 - Oslo, Norway

### **OSLO YOGA FESTIVAL**

5 workshops & seminars with Ateeka

Info Contact: [www.osloyoga.no](http://www.osloyoga.no)

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4 -5 Febbraio 2012 - Milano, Italia

### **SEMINARIO di TANTRA YOGA: Terra**

Contact: Astrid Ory [aory@libero.it](mailto:aory@libero.it)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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10 – 12 February 2012 - Oslo, Norway

### **WATSU BASIC: Aquatic Bodywork and Deep Relaxation in Water**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.tantsutraining.com](http://www.tantsutraining.com)

2 March 2012 - Oslo, Norway

### **AQUATIC YOGA EVENING**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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3 – 4 March 2012 - Oslo, Norway

### **TANTSU BASIC: Bodywork that Touches the Human Heart**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.tantsutraining.com](http://www.tantsutraining.com)

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9 -11 March 2012 - Oslo, Norway

### **FREEING THE BREATH: On Land and In Water**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.tantsutraining.com](http://www.tantsutraining.com)

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26 – 27 March 2012 - Scotland  
**TANTSU BASIC: Bodywork that Touches the Human Heart**  
Contact: Scott@explore yoga.co.uk  
Info [www.explore yoga.co.uk](http://www.explore yoga.co.uk)

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6 – 8 Aprile 2012 - Milano, Italia  
**SEMINARIO di TANTRA YOGA: Fuoco**  
Contact: Astrid Ory [aory@libero.it](mailto:aory@libero.it)  
Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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20 April 2012 - Oslo, Norway  
**AQUATIC YOGA EVENING**  
Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)  
Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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April 20 - 22 2012 - Oslo, Norway  
**TANTSU CIRCLES: Working in Pairs**  
Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)  
Info [www.tantsutaining.com](http://www.tantsutaining.com)

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11 May 2012 - Oslo, Norway  
**AQUATIC YOGA EVENING**  
Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)  
Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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May 11 – 13 2012 - Oslo, Norway  
**NERVOUS SYSTEM INTENSIVE**  
Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)  
Info [www.tantsutaining.com](http://www.tantsutaining.com)

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May 20, 2012 - Gothenburg, Sweden

**THE YOGA GAMES**

Ateeka presents 2 workshops on Sunday Afternoon

Info [www.yogagames.org](http://www.yogagames.org)

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1 – 3 June 2012 - Oslo, Norway

A Whole Hearted Suggestion from Ateeka

**THE INTELLIGENT HEART: Meditation Course with Madhurima**

Contact: Ola Borud [olabo@me.com](mailto:olabo@me.com)

Info [www.intelligentheart.dk](http://www.intelligentheart.dk)

8 – 10 June 2012 - Madrid, Spain

**TANTRA YOGA & TANTSU EXPERIENCE**

Contact: Aiht Bera [comunica@patriciapasso.com](mailto:comunica@patriciapasso.com)

Info [www.fusionarts.com](http://www.fusionarts.com)

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15 June 2012 - Oslo, Norway

**AQUATIC YOGA EVENING**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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15 – 17 June 2012 - Oslo, Norway

**THE THERAPEUTIC USE OF SOUND in Tantsu & Bodywork**

Contact: Hege [hskpost@gmail.com](mailto:hskpost@gmail.com)

Info [www.tantsutaining.com](http://www.tantsutaining.com)

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23 – 31 August 2012 - Sardegna, Italia

**SUMMER RESIDENTIAL RETREAT: Chakra & Prana Inner Journey**

Contact: Astrid Ory [aory@libero.it](mailto:aory@libero.it)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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26 - 30 September 2012 - Oslo, Norway

**RESTORATIVE & HEALING YOGA PRACTITIONER TRAINING** (30 hours)

Contact: Ateeka [ateeka111@mac.com](mailto:ateeka111@mac.com)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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26 – 28 October 2012 - Sardegna, Italia

**SEMINARIO di TANTRA YOGA: Acqua**

Contact: Astrid Ory [aory@libero.it](mailto:aory@libero.it)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

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31 October – 4 November 2012 - Paris, France

**TANTSU INTENSIVE** (35 hours)

Contact: Xavier Boisson [xavierboisson@hotmail.com](mailto:xavierboisson@hotmail.com)

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9 - 11 November 2012 - Cornwall, U.K.

**FREEING THE BREATH: On Land and In Water**

Contact: Thelma Griffiths [thelma@boswedden.org.uk](mailto:thelma@boswedden.org.uk)

Info [www.boswedden.org.uk](http://www.boswedden.org.uk)

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24 - 25 November 2012 - Bologna, Italia

**TANTSU BASIC: Bodywork that Touches the Human Heart**

Contact: Francesca Antonellini [info.miamay@yahoo.it](mailto:info.miamay@yahoo.it)

Info [www.miamay.it](http://www.miamay.it)

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7 – 9 December 2012 - Milano, Italia

**SEMINARIO di TANTRA YOGA: Aria**

Contact: Astrid Ory [aory@libero.it](mailto:aory@libero.it)

Info [www.ateeka-yoga.com](http://www.ateeka-yoga.com)

please join us . . . your presence widens the circle.